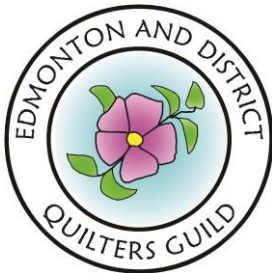


QUILT CONNECTIONS

Edmonton and District Quilters' Guild Newsletter

70 Bonnie Doon Mall P.O. Box 68004, Edmonton, Alberta T6C 4N6
www.edqg.ca



Issue 406: March 2023

March – Elizabeth DeCroos



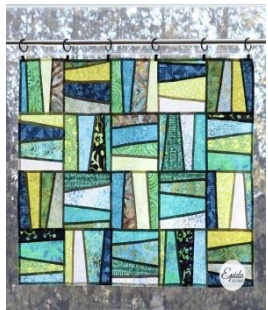
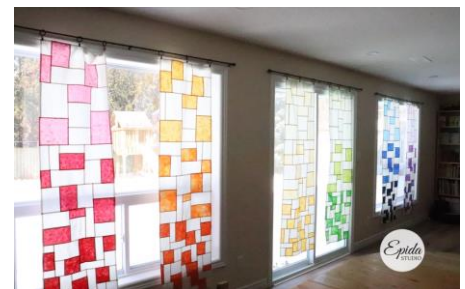
Elizabeth DeCroos from Epida Studio and Designs www.epidastudio.com

Pojagi: from ancient Korea to modern Canada

“Part lecture and part trunk show, this fun talk tells my journey from Canada to Korea and back again. While in Korea, I studied the ancient art of Pojagi, Korean patchwork. Back in Canada, however, the Korean materials are more difficult to find, so I adapted Pojagi techniques to readily-available western materials with some great results.”

Elizabeth is a quilt designer and teacher based in Cambridge, Ontario. She enjoys all types of quilting and embroidery. She had the opportunity to study

Pojagi, traditional Korean sewing techniques, when she lived in Korea for a few years. Those techniques inspired her to make reversible patchwork window hangings that look like stained glass.



March 15, 2023 Guild Meeting
Zoom doors open at 7:00 pm, meeting begins at 7:15 pm in the Auditorium
(watch for e-blast Monday, March 13)

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well hello,
march

Musings from the Chair

Rest. Though short, it's an important word. When we were kids at school, I celebrated "recess", a 15-minute block that allowed my young mind to take a break from reading and arithmetic. I wasn't a kid who ran outside wildly; although I loved to skip (double Dutch). I was just as happy to stay inside and help the teacher or read a novel. Those 15-minute breaks were also supposed to be built into my days at work, but my days were filled with meetings and appointments with children and their parents, so taking a break was usually deferred. It was rarely convenient and didn't quite fit my schedule.



Now that I'm retired, my schedule is busy when I have two things to do in a day! I have not started to take naps in the afternoon, and the only scheduled break is in my music lesson. But I have become very aware of the need for rest – my body now requires me to sit for periods in the day to re-establish its equilibrium.

So rest, for me, is pausing from my activity. If I am working on a quilt project, I deliberately walk away, sometimes for hours! During this break, I sometimes ponder a problem I have encountered in my design, and more often, I think about something completely different. And later, when I return to the project, the solution magically comes to me! I guess my subconscious mind is hard at work, even when my conscious mind is busy watching reruns on TV or doing a puzzle on my iPad.

The old adage says "a change is as good as a rest"; a change of scenery (perhaps palm trees?) during a vacation is a great example of this. Perhaps the whole goal is to adjust our mind set to enjoy the process just a bit more. And even if we're not actively engaging in something, it doesn't mean that the inner work isn't happening.

In both my music group and lesson we have been playing "The 59th Street Bridge Song", also known as "Feelin' Groovy". The first verse of the song is "Slow down, you move to fast, You've got to make the morning last, Kickin' down the cobblestones, Looking for fun and feeling groovy". Although the song doesn't exactly tell us to stop and rest, it does allude to taking things easy and making things fun. So let's pause for a rest, take a deep breath, centre ourselves and make a point of enjoying every moment.

-Kathy LdC, Chair

Auditors Needed

At the March meeting, we will be asking for two members to volunteer to audit the guild books. Please consider taking on this task! Feel free to contact Kathy in advance if this is something you'd be interested in doing.

Guild Grants

Each year, the guild awards two grants to members, each in the amount of \$500. The Workshop Grant is to subsidize the cost of attending a workshop that you feel will enhance your quilting practice and that might be interesting for guild members to learn about. A lecture to guild members following attendance at the workshop is required.

The Teaching Grant is given to an individual who might like to venture into teaching. This gives them to opportunity to develop a class and teach it to guild members.

Applications must be directed to chair@edqq.ca no later than May 17 (the date of our May meeting).

AGM

Please mark your calendars for Wednesday, June 14! Our Annual General Meeting has been bumped up by a week due to a venue scheduling conflict.

In the interest of keeping everyone safe, we strongly encourage members and guests who attend EDQG activities in person to sanitize hands often and physically distance when possible. Masks are optional and can be worn at your discretion.

***Quilt Connections* Is Now Public**

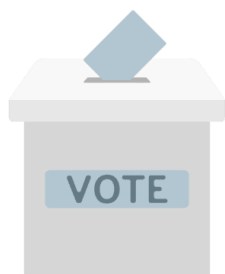
When you read the newsletter, did you happen to notice that the surnames and phone numbers for the Board and Committee Chairs were not included? No, it was not an oversight. It was a change initiated by the Board to address the difficulties that some members were experiencing when they wished to read the newsletter. For the past couple of years, members have needed to log in to the website to read the newsletter and for some members, this has been difficult.

The EDQG monthly newsletter, *Quilt Connections*, is now public and members no longer need to log-in to the website to read the newsletter. With this change however, the Board did not want its member's surnames and phone numbers available to the public.

The Board recognizes however, that there may be times when you need to contact a Board member or a Committee Chair by phone. You can find their phone numbers on the EDQG website under the Admin "drop down" **2022-2023 Board Members and Committee Chairs**. The list includes their full names, EDQG email addresses, and personal phone numbers. Here is a link to that information:

<https://edgg.ca/2020/06/16/2020-2021-board-members>.

*Please note: You will not be able to access the link unless you are logged in to the EDQG website.



EDQG Needs You!

The EDQG Board has eight elected positions –

The Chair, Vice Chair, Secretary, Treasurer, and four Directors – Education, Member Services, Outreach and Governance. The Past Chair is not elected and is filled by the outgoing Chair. Four positions are elected each year for a two-year term. By arranging the board this way, there are experienced Board members who are available to guide new members each year.

Occasionally, there are changes to this pattern. As we all know, changes can occur in our lives and while we are hopeful that people can fulfill the two-year term, this sometimes is not possible. This year we will be filling five positions – Chair, Vice Chair, Treasurer and two Directors – Education and Members Services.

The EDQG Election is an opportunity for you to select people to guide the EDQG. To learn more, to volunteer, or suggest someone whom you think would be a wonderful addition to the Board, contact: pastchair@edgg.ca.

A Note from Friends

There are times in everyone's life when a note of celebration, appreciation, encouragement or other expressions of caring may be called for. The Communications Committee would like to respond to those. If you are aware of a situation in a fellow Guild member's life that warrants such acknowledgement, please let us know by email: communications@edqg.ca



Show and Tell

Note: new email address is showandtell@edqg.ca
We will be continuing with Show and Tell in a virtual format for March. Please send your beautiful creations to showandtell@edqg.ca by Sunday, March 12 to be included in this month's presentation and to qualify for the quibit draw.

COMMUNITY OUTREACH

We have been very blessed to receive a large donation of fabric and quilt kits from a former member Marlene Black. She told me she was a member when we met at the old museum. I am sure some of you remember her. She wishes she could still quilt but her health is such that it is not possible. Marlene and her family are very thankful that her stash will go to charities. The donation is quite large so we are sharing with the Whitecourt Quilt Guild, sending flannel for backing to Victoria Quilts, Canadiana fabric to Quilts of Valour, and sewing accessories such as thread to Grandmothers for Grandmothers. Come to our next Community Sew Day to see if there is fabric that inspires you for your charity quilts or if you want to try one of the kits (around 20) that comes with the pattern, fabric and sometimes blocks that were completed by Marlene. I will bring some kits to our next meeting at ATA.

We are going to have even more fun at our Community Sew Day on Tuesday, April 11th at the FFAA Studio. We are having a Jelly Roll Race in the afternoon. We can have at least 10 teams of 2, one person to sew and one to manage the fabric. Each team will need forty 2.5-inch WOF strips and forty 2.5 by 2.5-inch squares to join each strip. Completed projects will become charity quilts and there will be prizes for the winners. If you are interested in being on a team, please give me a call. Spectators are also welcome. We probably should have a referee!

A lot of good work is being done in our Guild and is much appreciated.

Peace, Judi Coté, Chair, Community Service Committee, communityservice@edqg.ca



MARCH BLOCK OF THE MONTH:

Snail's Trail

FABRICS: Soft Yellow for the background Soft Gold or Soft Brown for the snail

Block Size: 12 inches finished

Information from:

<https://www.allpeoplequilt.com/quilt-patterns/quilt-blocks/snails-trail-quilt-block>

CUTTING Using the soft yellow background fabric

1. 1 – 6 7/8" square cut in half diagonally
= 2 extra-large triangles
2. 1 – 5 1/8" square cut in half diagonally.
= 2 large triangles
3. 1 – 3 7/8" square cut in half diagonally
= 2 medium triangles
4. 1 – 3" square cut in half diagonally
= 2 small triangles
5. 2 – 2" squares

Using the soft gold fabric for the snail, cut the same squares into triangles as above plus the 2 – 2" squares.



ASSEMBLY

1. Make a 4 patch unit from 2 yellow print and 2 gold print 2" squares:

Sew together 1 yellow and 1 gold square. Press the seams towards the gold print fabric.

Make a second one and press.

Nesting the seams together, sew the 2 pairs into a 4 patch unit which is 3 1/2" square.

Press each unit.

These 4 patch units are the centre of the Snail Trail block

2. Place one of the 4 patch units on your cutting surface with the gold block in the upper left hand corner.



Using one of the small gold triangles, finger crease it to find the centre of the long edge of the triangle.

Then place one gold triangle on the top of the 4 patch unit right sides together. The tails of the triangle will hang over the edges. Just ensure that the centre of the triangle meets with centre seam of the 4 patch unit. Pin if you wish.

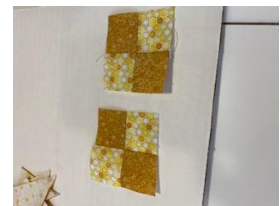
Sew the triangle onto the top of the 4 patch unit. Press.

Repeat with the second gold triangle on the bottom opposite edge.

Press.

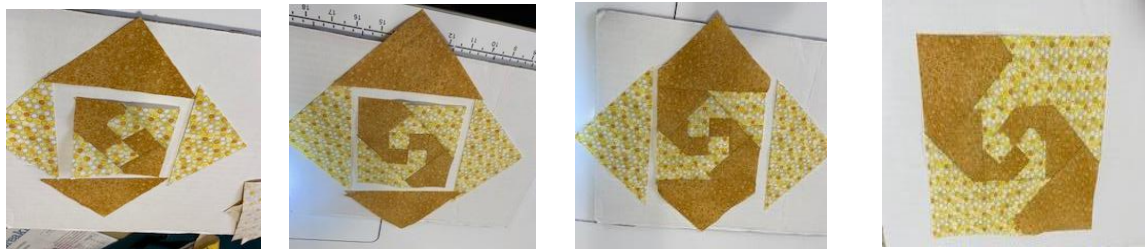
3. Following #2 above sew the two yellow triangles to the 4 patch unit. Press well.

4. Be consistent with the placement of the gold colour triangle to the top left hand corner before you sew the four medium triangles onto your block.



If you are not consistent, the snail will “trail” the opposite way as you build the block and will not join up properly with your other blocks.

5. Place the squared up block on your cutting table. Repeat numbers 2 to 4 sewing the medium, large and extra-large triangles to your block.



Cut off the “dog ears” of the gold triangles each time before you add the yellow ones. This makes it easier to get the ¼” seam.

Press well and square up your block each time you add four triangles to the centre.

PROGRAM

Mark your calendars!



Zoom Workshop with Diane Murtha

Name of Workshop: "Fantastic Flowers, Leaves and Wings" - Zoom Workshop

Date: Saturday, March 11, 2023, 10:00 a.m. to 2:00 p.m.

Cost: \$65/Members; \$70/Non-members

Description: Want to make a wall hanging or art quilt pop? Learn to embellish your quilts with 3-D petals and leaves, using Diane's floral wire technique. This would also work well on jackets, hats, bags ... use your imagination!

Virtual Sew Days!

Come sew with us. It's easy!

Contact Cathy at sewdays@edqg.ca and she will send you the link. All dates are Saturdays 9 am till 5. Join when you like and stay as long as you like.

March 18th and April 15





Library

This month for our **March book raffle**, I am thinking scraps and scrap quilts. I was inspired by some friends who make amazing scrap quilts. Our two raffle books are:

Adventures with Leaders & Enders: Make More Quilts in Less Time, by Bonnie K. Hunter, Kansas City Star Books, 2009. Bonnie Hunter has been called “the Queen of Scraps” and has many books on creating imaginative scrap quilts. This book includes 12 patterns, and explains her Scrap User’s system, and how to use pairs of planned cut scraps, e.g. 2 1/2” squares, instead of any fabric scrap as “leaders” and “enders” as you start and finish a line of chain piecing. Before you know it, you have enough pieces sewn together for another quilt!

Scrap School: 12 All-New Designs from Amazing Quilters, by Lissa Alexander, Martingale, 2021. I love this book! Included are 12 designs by many different quilt designers, including Lissa Alexander, Amy Smart, Kim Diehl, and Susan Ache. Two-Step by Amanda Jean Nyberg is the pattern I want to try first, or maybe Spin Cycle by Gudrun Erla.

Both books were purchased from **Quilter’s Dream**, Southside quilt store location. Both books are also available from the guild library. Contact library@edqq.ca if you would like to borrow these books.

In February our **Raffle books and Winners** were:

The Big Book of Strip Quilts: Start with Strips to Make 60 Stunning Quilts, published by Martingale, 2017. Winner: Bonnie H., ticket #836622.

Fun with Panels: Create One-of-a-Kind Quilts -Tips & Techniques for Success, by Cyndi McChesney, C&T Publishing, 2022. Winner: Yvonne B-W., ticket #836553. Thank you for your support of the library and the book raffles, which raise money for new books in the library. In January we raised \$135.00.

I will be away on holiday at the time of the March guild meeting, but library committee members Dorothy, Cheryl, and Marie will be there to handle the book raffle, library book sign out and check in.

-Sandra P, Library Chair

2022-23 Prairie Rose Quilt Show



At the February EDQG meeting, our guest presenter, Terry Aske, spoke about challenges and working to a deadline. The Prairie Rose Challenge provides the EDQG membership with an opportunity for both. There is still time for you to get involved in the challenge this year.

(next page)

Here is a reminder about this year's challenge.

The criteria for the Prairie Rose Quilt Challenge:

1. It must depict the theme "Festivals."
2. It must contain the colour associated with the first letter of your first name (e.g., "s" for Susan, the colour could be "sea green" or any of at least twenty-eight (28) other choices).
3. 2023 is the year of the rabbit and a rabbit must be found within your piece.
4. The number "44" must also be included, honouring the number of years that EDQG has existed.
5. The perimeter of your entry can be between 48" and "200" (with a maximum length of 98").
6. It must contain three layers that are quilted.



The due date for your submission is May 17th, at the guild meeting at ATA. A link to complete your entry form and further details regarding the delivery of your submission will be in the April newsletter and on the EDQG website.

Edmonton Festival of Quilts

Sharing the heART of Quilting!

June 3 & 4, 2023



Calling all Bee Groups...

We have now contacted members in many of the bee groups and they are busy deciding on their theme for the raffle baskets. In order to have enough time to get information for our AGLC license and get tickets ready etc. we need to know of your bee group's interest by the **end of March!!!** And many thanks to Susan Johnson who has volunteered to wrap up all the baskets. For more information, contact Linda at l_thorne@shaw.ca

As mentioned in the last newsletter....

How would your bee group like to participate in our quilt show basket draw? We are asking bee groups whether they are interested in putting together a basket that will be raffled off at the quilt show. Attendees at the show can purchase tickets and place them in a box below their favorite basket, using a similar process to our banquet brown bag activity. I have talked to a few bee groups, and most are interested. Ticket sales will go towards the cost of the venue. Items in the basket can be any theme like movie night, sewing supplies, etc. but we ask that **only new items** are included and that **no homemade foods** are placed in the basket. *Which bee group can make the best, brightest, entertainingly stunning and fun basket?*

How to enter a quilt?

1. Submit entries online between **March 1, 2023 and April 30, 2023.**
Click for Entry form: (<https://edqq.ca/2023/02/21/register-for-the-2023-festival-of-quilts/>)
2. Submit youth and group entries as **separate** submissions.
3. **Acknowledgement** of entry will be sent by email upon receipt of entry; (NOTE: you must hit **submit to send your entry to the EDQG; please only submit once with ALL of your personal entries together!**).
4. A **color photograph of each quilt** entered is required.
5. A **color head and shoulders photograph of the maker/s** of the quilt, while optional, is requested and will be included with the **artist statement**.
6. When a design is based on a photograph other than one taken by the entrant, permission must be obtained from the holder of the copyright and a copy of the written permission document must be uploaded with your entry form.
7. Entries require a **hanging sleeve** (except 3 dimensional objects) and an **identification label**.*

*You can find all of the information you will need on the EDQG website under the Festival of Quilts tab. There are articles that explain how to do the artist's statement, label and hanging sleeve. There is also a DETAILED **Entry Form Guide**.

There is a limited amount of space to display quilts, therefore, the EDQG Festival of Quilts committee reserves the right to determine the final number of items that will be accepted into the Festival of Quilts show.

With regard to your entries, please **enter them in order of priority**, meaning your best first and so on. Should there be more entries than we have space to accommodate, your last entry may be eliminated. The order of priority that you give your quilts will be used to determine which quilts will be included in the show. We will include as many items of each member as possible.

When completing the entry form, you will indicate you have read and agree to comply with the EDQG 2023 Festival of Quilts Entry Rules and Guidelines posted on the EDQG website. You also agree to hold harmless the EDQG from any loss or damage of your items and release the EDQG from all liability, loss, damage, theft, or destruction to any article you enter in the Festival of Quilts. You understand and assume the risk of all uninsured property and agree that it is your own responsibility to properly insure your property against all risk. Further, by submitting an entry, you agree to give your permission for your work to be photographed for publicity, possible use in the Guild newsletter, promotional material, website, and inclusion in a slideshow collection for member and public viewing. Show visitors may take pictures for personal use only.

For further information, contact Myrna at quiltshow@edqq.ca





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Calendar of Events Guild items are in **BOLD**

MARCH

- March 7** **Stitching Connection**
7:00 – 9:00 Meeting on Zoom
- March 14** **Community Service FFAA Studio**
- March 15** **EDQG Meeting 7:15**
- March 20** **Stitching Connection in Person**
9:30 – 12:30 Millwoods United Church
- March 18** **Virtual Sew Day**
- March 21** **7PM Coffee Bee Group**
- March 25** **Newsletter Submission Deadline**

APRIL

- April 4** **Stitching Connection**
7:00 – 9:00 Meeting on Zoom
- April 15** **Virtual Sew Day**
- April 17** **Stitching Connection in Person**
9:30 – 12:30 Millwoods United Church
- April 19** **EDQG Meeting 7:15**
- April 25** **7PM Coffee Bee Group**

MAY

- May 2** **Stitching Connection in Person**
7:00 – 9:00 Meeting Millwoods United Church
- May 9** **Community Service FFAA Studio**
- May 15** **Stitching Connection in Person**
9:30 – 12:30 Millwoods United Church
- May 17** **Deadline for Prairie Rose Quilt Challenge**
- May 23** **EDQG Meeting 7:15**
7PM Coffee Bee Group

JUNE

- June 3 4** **EDQG Quilt Show**
- June 6** **Stitching Connection in Person**
7:00 – 9:00 Meeting Millwoods United Church
- June 14** **AGM and Banquet**
- June 19** **Stitching Connection in Person**
9:30 – 12:30 Millwoods United Church

The Coffee Bee Group started out a few years ago meeting at a local coffee shop on the first Tuesday after the EDQG Guild Meeting. Currently, we are meeting by ZOOM, partially due to covid-19 and partially due to the large size of our group now.

We “meet” to talk all things quilting. Each year, we select a quilt pattern and make a quilt to donate to the EDQG charity of choice. It is usually an easy to do pattern that doesn’t require buying any fabric, assuming you have a stash to draw from!

Best of all, this group is open to everyone and is “Drop-in” - so no commitment! New Guild members are always welcome! Please feel free to join us when and if you can. If you have any questions, or would like the link, please contact Myrna P at myrnapurser@hotmail.com.

Stitching Connection

We meet the **first Tuesday evening** of the month, which will be on **Zoom**.

We meet the **third Monday morning** of the month, which will be in person at **Mill Woods United Church**, 15 Grand Meadow Crescent, Edmonton. Bring your machine if you want to sew, or bring a hand project of whatever type you wish, or just come and catch up on two and a half years of not meeting in person!

Questions? Contact: Ethel R ethel.wellspring@gmail.com
Barbara K barbarakit29@gmail.com

Stitching Connection dates:

March 7	7-9pm Zoom	May 2	7-9pm in person MWUC
March 20	9:30am-12:30 in person MWUC	May 15	9:30am-12:30 in person MWUC
April 4	7-9pm Zoom	June 6	7-9pm in person MWUC
April 17	9:30am-12:30 in person MWUC	June 19	9:30am-12:30 in person MWUC

Newsletter Submissions: Email your submission to newsletter@edgg.ca . Please use EDQG Newsletter as the subject line. Your submission should include your name and contact information. We encourage submissions from members such as book reviews, articles about the accomplishments of guild members (Shining the Spotlight), upcoming events of interest to quilters, information on free patterns, websites, tips and tricks or new quilting ideas or techniques. We reserve the right to edit articles. If you are including photos with your submission, you must include information about the person or group to be given credit for the photo and confirmation of permission to publish the photos with your submission. We reserve the right to publish submissions without photos if the necessary information and permissions are not provided.

Website Submissions: email your submissions to the webmaster, Charlene, at webmaster@edgg.ca The same rules apply to pictures submitted for posting on the website as apply to pictures submitted to be printed in the Newsletter.

Newsletter Ads: email requests to: Ethel R, communications@edgg.ca

Check the website regularly for additional news: <http://www.edgg.ca/>



**Deadline for submissions to the April 2023 newsletter:
Friday, March 24, 2023**